



ALPHA ONLINE 2020



HOSTS & HELPERS GUIDE

Why & how
should I
tell others?

WHY AND HOW SHOULD I TELL OTHERS?

The Discussion Guide has four parts:

ICEBREAKERS - Ideas to start making people feel comfortable before the video.

DISCUSSION QUESTIONS - Main questions you can use for discussion.

EPISODE SUMMARY - A short summary that highlights the big ideas, key quotes and scriptures.

TIPS & GUIDELINES FOR HOSTING DISCUSSION - Guidelines for hosts and helpers as they lead discussion each week. Read this at least once and maybe a second or third time during Alpha as a reminder.

Icebreakers (before video)

WHAT IS YOUR MOST EMBARRASSING MOMENT?

WHAT IS THE MOST EMBARRASSING THING YOU HAVE EVER WITNESSED?

See more icebreaker or online games ideas at the end of this guide.

Discussion Questions (after video)

- It is often good to start with: “Did anything from the episode stand out to you?”

1 HAVE YOU TOLD ANYONE THAT YOU ARE DOING ALPHA? WHAT DID THEY SAY?

2 IS IT OKAY TO TALK ABOUT OUR PERSONAL FAITH WITH OTHERS? WHY OR WHY NOT?

- Is there a “right” or “wrong” time to talk about faith with people?
- Why can it be so awkward to talk about things like faith, spirituality and religion?

3 IF YOU DID NOT KNOW ANYTHING ABOUT CHRISTIANITY, HOW WOULD YOU LIKE TO BE TOLD ABOUT IT?

4 WHAT DO YOU THINK/FEEL ABOUT THE IDEA OF TELLING OTHERS ABOUT YOUR FAITH?

5 WHAT SHOULD THE IMPACT OF CHRISTIANS BE IN SOCIETY?

- This session talks about how sharing the gospel is done through both **words** and loving **actions**.
 - What does that mean to you?
 - Where have you seen this? Or not seen this?

Additional questions (if needed):

5 WHAT DO YOU THINK ABOUT THE IDEA OF YOU AND A FEW FRIENDS RUNNING ALPHA FOR SOME OF YOUR OTHER FRIENDS?

6 WHAT WOULD YOU TELL SOMEONE WHO IS AFRAID OR NERVOUS TO TALK TO OTHER PEOPLE ABOUT THEIR FAITH?

Episode Summary

BIG IDEA

The message about Jesus is the best news anyone could ever hear! Because of who Jesus is and what he has done, we can have a relationship with God! With gentleness and respect, we can tell others about our faith and experience. Our words, prayers and loving actions all make a difference.

KEY QUOTES & SCRIPTURES

You are the salt of the earth...You are the light of the world...let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.

JESUS, MATTHEW 5:13,14,16

Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.

1 PETER 3:15

A relationship with Jesus brings peace and joy. God fills our hearts with love. He brings meaning and purpose to our lives. He forgives us and offers us eternal life!

All I know is that I once was blind and now I see.

JOHN 9:25

Our gospel came to you not simply with words but also with power, with the Holy Spirit and with deep conviction.

1 THESSALONIANS 1:5

Tips & Guidelines for Hosting Discussion

GUIDELINES FOR THE GROUP

- You don't have to talk if you don't want to
- You can ask or say just about anything
(as long as you aren't putting other people down or making it so others can't talk)
- Respect each other by listening and welcoming different opinions
- Keep things confidential when you leave the group

TIPS FOR HOSTS & HELPERS

- Remember names
- Pray
- Be committed
- Show up early to welcome guests
- Stay long enough to chat with guests afterwards
- Keep the conversation alive and balanced
- Be encouraging
- End on time
- If time allows, debrief with your Alpha team to celebrate wins, chat about challenges and share prayer requests

Icebreakers

Laughter is food for the soul! Here are some fun icebreakers you can use each week:



- Do you squeeze the toothpaste tube or roll it? What's the advantage of your method?
- When was the last time you square-danced or line-danced? Rate your dancing ability on a scale of 1 to 10.
- What's one fashion trend you hope never comes back? Which ones have come back that you wish hadn't?
- What magic tricks do you know? Perform one now.
- Do you have a collection? If so, what do you collect and why?

- Are you more inclined to "build your own empire" or "unleash the potential of others"? Explain.
- What's your preference: plane, train, boat, automobile, horse, or camel?
- What was your favorite recess activity: dodgeball, kickball, foursquare, hopscotch, freeze tag or jump rope?
- What's your pick: hang glide, sky dive, bungee jump, hot air balloon, or kite?
- What is one of your favorite souvenirs brought back from your travels? Where do you keep it?

- What is your favorite bumper sticker or t-shirt slogan?
- As a child, did you ever peek into a wrapped gift before you actually received it? Did you ever get caught? Explain the details.
- What room in your house best reflects your personality? Why?
- Who's the most famous person you've ever met? What famous person would you most like to meet?
- What's your favorite kind of candy?

- What's the wackiest belief you held as a child?
- Which movies have you watched over and over again?
- What do you admire most about your best friend?
- What items do you currently have stored in the trunk of your car?
- Are you an early bird or a night owl? Why?