



ALPHA ONLINE 2020



HOSTS & HELPERS GUIDE

How can I
resist evil?

HOW CAN I RESIST EVIL?

The Discussion Guide has four parts:

ICEBREAKERS - Ideas to start making people feel comfortable before the video.

DISCUSSION QUESTIONS - Main questions you can use for discussion.

EPISODE SUMMARY - A short summary that highlights the big ideas, key quotes and scriptures.

TIPS & GUIDELINES FOR HOSTING DISCUSSION - Guidelines for hosts and helpers as they lead discussion each week. Read this at least once and maybe a second or third time during Alpha as a reminder.

Icebreakers (before video)

IF YOU HAD THE POWER TO SOLVE ONE OF THE WORLD'S BIG PROBLEMS, WHICH PROBLEM WOULD YOU SOLVE? WHY?

See more icebreaker or online games ideas at the end of this guide.

Discussion Questions (after video)

- It is often good to start with: “Did anything from the episode stand out to you?”

1 WHY DO YOU THINK BAD THINGS HAPPEN?

2 WHERE DOES EVIL COME FROM?

- Where do you think temptation comes from?
- How do you resist temptation?
- When you give in to temptation, how does it feel?

3 WHAT ARE SOME COMMON LIES WE BELIEVE ABOUT OURSELVES? AND ABOUT GOD?

- Do you think that people have misconceptions about God? What are some of them?
- Every one of us wrestles with ideas about ourselves (for example, we aren't loved, we aren't good enough, and we're not accepted). How can we learn to identify these ideas as lies and not let them have power in our lives?

4 WHAT CAN PEOPLE DO TO FIGHT AGAINST EVIL IN THE WORLD?

- Where do you think you can make the biggest difference in the world?
- How can a group like us make a positive difference in our communities?
- Who is someone you look up to that is impacting the world in positive ways?

Additional questions (if needed):

5 HOW WOULD YOU DESCRIBE THE DEVIL'S TACTIC OF ACCUSATION? WHAT ARE SOME EXAMPLES OF THAT?

6 WHAT DO YOU THINK ABOUT THE IDEA OF 'OVERCOMING EVIL WITH GOOD'?

7 DID ANYTHING STAND OUT TO YOU FROM THE DESCRIPTION OF THE ARMOUR OF GOD?

Episode Summary

BIG IDEA

There are three forces of evil: the world (evil around us); the flesh (evil within us); the devil (spiritual forces of evil). The devil hates God and wants to destroy what's closest to God's heart – us! Three of his primary tactics are temptation, accusation and lies. We can stand firm against the devil's attacks and more than that, with God we can overcome evil with good!

KEY QUOTES & SCRIPTURES

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

JOHN 10:10 NIV

Now there is no condemnation for those who belong to Christ Jesus.

ROMANS 8:1 NLT

Resist the devil, and he will flee from you.
Draw near to God, and he will draw near to you.

JAMES 4:7-8 ESV

God 'has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves.'

COLOSSIANS 1:13 NIV

Finally, be strong in the Lord and in his mighty power. Put on the full armour of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

EPHESIANS 6:10-13 NIV

Do not be overcome by evil, but overcome evil with good.

ROMANS 12:21

Your life can make a real difference.

Tips & Guidelines for Hosting Discussion

GUIDELINES FOR THE GROUP

- You don't have to talk if you don't want to
- You can ask or say just about anything
(as long as you aren't putting other people down or making it so others can't talk)
- Respect each other by listening and welcoming different opinions
- Keep things confidential when you leave the group

TIPS FOR HOSTS & HELPERS

- Remember names
- Pray
- Be committed
- Show up early to welcome guests
- Stay long enough to chat with guests afterwards
- Keep the conversation alive and balanced
- Be encouraging
- End on time
- If time allows, debrief with your Alpha team to celebrate wins, chat about challenges and share prayer requests

Icebreakers

Laughter is food for the soul! Here are some fun icebreakers you can use each week:



- Do you squeeze the toothpaste tube or roll it? What's the advantage of your method?
- When was the last time you square-danced or line-danced? Rate your dancing ability on a scale of 1 to 10.
- What's one fashion trend you hope never comes back? Which ones have come back that you wish hadn't?
- What magic tricks do you know? Perform one now.
- Do you have a collection? If so, what do you collect and why?

- Are you more inclined to "build your own empire" or "unleash the potential of others"? Explain.
- What's your preference: plane, train, boat, automobile, horse, or camel?
- What was your favorite recess activity: dodgeball, kickball, foursquare, hopscotch, freeze tag or jump rope?
- What's your pick: hang glide, sky dive, bungee jump, hot air balloon, or kite?
- What is one of your favorite souvenirs brought back from your travels? Where do you keep it?

- What is your favorite bumper sticker or t-shirt slogan?
- As a child, did you ever peek into a wrapped gift before you actually received it? Did you ever get caught? Explain the details.
- What room in your house best reflects your personality? Why?
- Who's the most famous person you've ever met? What famous person would you most like to meet?
- What's your favorite kind of candy?

- What's the wackiest belief you held as a child?
- Which movies have you watched over and over again?
- What do you admire most about your best friend?
- What items do you currently have stored in the trunk of your car?
- Are you an early bird or a night owl? Why?