



ALPHA ONLINE 2020



**HOSTS &
HELPERS
GUIDE**

WEEK 2
Who is Jesus?

WHO IS JESUS?

The Discussion Guide has four parts:

ICEBREAKERS - Ideas to start making people feel comfortable before the video.

DISCUSSION QUESTIONS - Main questions you can use for discussion.

EPISODE SUMMARY - A short summary that highlights the big ideas, key quotes and scriptures.

TIPS & GUIDELINES FOR HOSTING DISCUSSION - Guidelines for hosts and helpers as they lead discussion each week. Read this at least once and maybe a second or third time during Alpha as a reminder.

Icebreakers (before video)

See some icebreaker or online games ideas at the end of this guide.

Welcome the group then go around and ask each person to introduce themselves briefly. Welcome any new guests and ask them, 'How and why did you end up coming today?'

Discussion Questions (after video)

It is often easy to start with: "Did anything from the episode stand out to you?"

1 WHAT MAKES YOU HAPPY?

2 WHAT DO YOU THINK ABOUT JESUS? / HOW DO YOU FEEL ABOUT JESUS?

- What is Jesus most known for? Why is he so famous?
- What stands out most to you about Jesus?
- Why do you think there are so many different opinions about Jesus?
- What do you think about the things Jesus said and taught?
(‘I am the way’, ‘love your enemies’, ‘I am the life’, ‘I am the truth’, ‘I am the bread of life’, ‘I and the Father are one’.)

Additional questions (if needed):

3 IF YOU HAD A CHANCE TO MEET JESUS, HOW WOULD YOU FEEL AND WHAT WOULD YOU SAY TO HIM?

4 WHAT DO YOU THINK ABOUT THE CLAIM THAT JESUS IS GOD?

5 WHAT ASPECTS OF THE EVIDENCE PRESENTED TONIGHT DID YOU FIND CONVINCING/NOT CONVINCING?

- NOTE: Remember to finish on time. It is better to leave people wanting more than to have them wondering when it's going to end. You can always continue conversation after the small group has finished, but make sure those who need to leave on time can do so.

Episode Summary

BIG IDEA

Jesus Christ is the most famous person in history and there's evidence to suggest Jesus was more than a great religious teacher. His life, death and resurrection is the centrepiece of the Christian faith. The resurrection not only suggests that God exists, but also that God has revealed himself through Jesus.

KEY QUOTES & SCRIPTURES

A man who was merely a man and said the sort of things Jesus said would not be a great moral teacher. He would either be [insane]... or else he would be the Devil of Hell. You must make your choice. Either this man was, and is, the Son of God or else [insane] or something worse...

CS LEWIS

Come to me, all you who are weary and burdened, and I will give you rest.

JESUS (MATTHEW 11:28)

I and the Father are one.

JESUS (JOHN 10:30)

Tips & Guidelines for Hosting Discussion

Discussion in small groups is the most important part of every Alpha session. Hosting a discussion on Alpha is not about re-teaching any of the content from the episode – the goal is to create a safe place where everyone can share openly and honestly about their thoughts and feelings and ask questions. Remember, the discussion guide is just a guide. Use these questions to spark conversations and bring it back on track when needed.

Alpha is a journey. The more time you spend together as a group, the more people will feel free to open up and share their opinions.

GUIDELINES FOR THE GROUP

- You don't have to talk if you don't want to
- You can ask or say just about anything
(as long as you aren't putting other people down or making it so others can't talk)
- Respect each other by listening and welcoming different opinions
- Keep things confidential when you leave the group

TIPS FOR HOSTS & HELPERS

- Remember names
- Pray
- Be committed
- Show up early to welcome guests
- Stay long enough to chat with guests afterwards
- Keep the conversation alive and balanced
- Be encouraging
- End on time
- If time allows, debrief with your Alpha team to celebrate wins, chat about challenges and share prayer requests

Icebreakers

Laughter is food for the soul! Here are some fun icebreakers you can use each week:



- Do you squeeze the toothpaste tube or roll it? What's the advantage of your method?
- When was the last time you square-danced or line-danced? Rate your dancing ability on a scale of 1 to 10.
- What's one fashion trend you hope never comes back? Which ones have come back that you wish hadn't?
- What magic tricks do you know? Perform one now.
- Do you have a collection? If so, what do you collect and why?

- Are you more inclined to "build your own empire" or "unleash the potential of others"? Explain.
- What's your preference: plane, train, boat, automobile, horse, or camel?
- What was your favorite recess activity: dodgeball, kickball, foursquare, hopscotch, freeze tag or jump rope?
- What's your pick: hang glide, sky dive, bungee jump, hot air balloon, or kite?
- What is one of your favorite souvenirs brought back from your travels? Where do you keep it?

- What is your favorite bumper sticker or t-shirt slogan?
- As a child, did you ever peek into a wrapped gift before you actually received it? Did you ever get caught? Explain the details.
- What room in your house best reflects your personality? Why?
- Who's the most famous person you've ever met? What famous person would you most like to meet?
- What's your favorite kind of candy?

- What's the wackiest belief you held as a child?
- Which movies have you watched over and over again?
- What do you admire most about your best friend?
- What items do you currently have stored in the trunk of your car?
- Are you an early bird or a night owl? Why?